

These protocols summarize the current norms and laws, general and local ones. It includes recommendations published on documents, informs and specific protocols, also the recommendations from local experts in this subject. Measures exposed here are focused on dive centres and the users, being meant to increase the sanitary conditions.



**General measures**

- Use individual protection equipment every moment.
- Activities should be moved to the outside.
- Maximum capacity has to be adapted to current sanitary status.
- Follow the specified directions to move along the dive centre.
- Use telematics instruments as much as possible.
- Dive centre must clean and ventilate periodically.
- Disinfect all the diving gear.
- Put the residues in the trash bins.



**Users and clients**

- Is necessary to have a diving insurance, medical check (if proceed) and declaration of responsibility.
- Diving centre staff can check the body temperature to allow the entrance.
- Ensemble and check the dive equipment outside the dive centre.
- Do not touch others' dive equipment.
- Clean and disinfect your hands before touching the equipment.
- Do not touch the air supply.
- Do not try to breathe from the secondary (yellow) demand valve.
- Follow the personnel instructions to give back the equipment.
- If you clean the equipment, keep the safety distance and use a mask.



**During the activities**

- Keep a correct and constant hands hygiene and use a mask for as long as possible.
- Use of personal regulator mouthpiece is recommended.
- Capacity in locker rooms is reduced. Gear up outside.
- Briefings should be performed outside.
- On the boat is necessary to wear a mask and gloves (if possible to use the diving ones).
- Buddycheck: check the equipment without contact.
- If necessary to share the air supply, lend the emergency second stage, never the primary one.
- Do not inflate the BCD by mouth.



**After suffering COVID-19**

- Is necessary to consult a diving medicine specialist. Divers tested positive for COVID-19 but have remained completely asymptomatic should wait at least one month before resuming diving. Divers who have had symptomatic COVID-19, should wait at least three months before applying for fit-to-dive clearance.
- Proceed under extreme caution when coming back to the water.
- Start doing easy dives, stopping the activity immediately if something feels wrong.
- Pulmonary damage can increase the risk of barotrauma, oxygen toxicity and decompression illness.
- Vascular damage can increase the risk of heart insufficiency, and cardiac arrest.